

Summit Coastal Living House Rules

Drinking and Drug Use

Drinking, drug use or abuse of prescribed medications during your residency is not allowed (refer to the Relapse Policy attached). Bringing alcohol, drug and or any equipment to use illegal or non-prescribed drugs will be cause for immediate removal and termination of your residency.

Alcohol and drug screening will be randomly requested 2 -3 times per week and you will be required to submit. If you refuse to submit within one hour your test will be considered dirty (see Relapse Policy). If you test positive you will be asked to leave (see Relapse Policy).

Medications will be taken as prescribed and approved by the sober living manager upon admission. This includes prescriptions and over the counter medications. No medications are to be left out, they must be put away in your dresser or somewhere safe and out of sight. Notify the house manager of any changes in your medications immediately.

If you know or suspect that another resident is drinking or using drugs, engaging in self harm behaviors, taking medications not prescribed to them, or abusing any medications notify the house manager immediately.

Outside AA, NA, PA, CA Meeting Attendance

There are no AA, NA, PA, or CA meetings at any of Summit Coastal Living properties. There is a mandatory house meeting at the Tustin house Tuesday at 6pm and at the Wilson house Wednesday at 6pm for the occupants of those houses only.

If you have less than 90 days of sobriety you must attend an AA based meeting daily. Anyone over 90 days of sobriety must attend a minimum of 4 meeting per week.

If you are attending an outpatient program you must abide by the above unless that outpatient program provides an AA, NA, PA or CA meeting during the program hours.

General

The house will be kept neat and clean at all times. You are responsible for cleaning the kitchen, community living area and bathroom after you use it. All dishes to be washed and put away, the bathrooms to be wiped down and personal property to be put away. If you spill something on the floor you are responsible to clean it up immediately.

There are weekly chores that are posted on the bulletin board in each house every Wednesday. The chores must be completed by Saturday at 5pm. The chore for any week cannot be done prior to Friday. If you are going to have an overnight pass you are responsible to complete your chores before you leave. If you are going to be out of town it is important that you get your chore covered by someone in the house and let the house manager know. If you agree to cover that chore you must complete the chore.

You are responsible for keeping your bedroom clean. Before you leave for the day your bed must be made and all shoes and clothing put away. Towels are to be hung up to dry; the dirty laundry needs to be placed in the laundry basket provided. You will be responsible for cleaning your own room each week, dusting baseboards, dresser, bed, nightstand, window coverings, vacuuming and cleaning floors. Your bedding is to be washed weekly.

Residents provide their own food. You will be assigned shelf space in the kitchen and refrigerator. Your food is to be kept there. You are asked not to borrow or use other resident's food without permission from them. Given permission once is not giving you the ok to continually use other guest food. Using other guest's food or drinks without permission is considered stealing and you will be asked to leave the house permanently if caught. After cooking, you are required to clean up after yourself. Messes resulting from cooking are not the responsibility of the person with the kitchen clean up chore, they are the responsibility of the person who made the mess.

There are absolutely no guest, male, female or significant others allowed at the premise without the expressed approval of the house manager. All guests must be free from mind altering substances. Guests are not allowed in the bedrooms. Guests must not be left unaccompanied at any time. Residents are financially responsible for any damage done by their guests. All guest must leave the premise 1 hour before curfew. Remember you live with others. Be considerate of your roommates as you would want them to do the same (for example do not monopolize the TV).

Curfews are as follows: Sunday through Thursday 11pm, Friday and Saturday midnight. Exceptions may be made on a case by case basis. If you are not home by curfew and you have not called the house manager there will be consequences. If you have an overnight pass you must submit to a urine test (UA) before 6pm the day you come back. Overnight passes must be approved by the house manager. Please note that there are no overnight passes within the first 30 days of your stay. You must let the house manager know where you will be staying prior to your departure. No more than 2 overnight passes per week. **We do random nightly bed checks.**

Smoking or Vaping is allowed in the designated areas only. There is no smoking or vaping inside the house, front of the house or on the driveways. Cigarette butts are to be discarded in the designated areas.

Quiet times are observed nightly after 11pm. If you are up after 11pm you are required to be quiet and respectful of your roommates.

There is no sleeping on the couch; you must sleep in your own bed.

Respect your house mates. Abusive or aggressive language, gestures, bullying, gossip or any form of intimidation is not acceptable.

Physical violence is not tolerated at Summit Coastal Living. Physical violence of any kind will result in immediate termination of residency at the house and you will be required to leave immediately.

Drug and Alcohol testing is random and mandatory. You must turn up to test at the designated time and location, if you do not show or test positive you will be required to leave the house for 3 days (see Relapse Policy, attached).

Mouth wash used must be alcohol free. Avoid any food containing poppy seeds.

Lights and T.V. are to be turned off when you leave the room. All exterior doors are to be locked when you leave the house.

If something breaks please report it to the house manager immediately.

Parking is in the designated areas only. Please do not block another resident's car when parking in the driveway. Any cars leaking oil will not be allowed to park on the property. Your car must be registered and you provide proof of insurance to park on Summit Coastal Living property. You cannot wash your car at the property.

Rent is due each month on the anniversary of your move in date, rent is due and payable in advance.

No pets are allowed.

Residents must take all of their personal belongings when permanently departing Summit Coastal Living. Anything left behind will be considered abandoned and will become the property of Summit Coastal Living. Any abandoned property will be donated to Charlie Street or Goodwill within 72 hours of you vacating the premise. Summit Coastal living assumes no responsibility for lost, stolen or abandoned items.

The house rules are to be followed by all guests while residing at Summit Coastal Living. Consequences of not abiding by the house rules may include, shorter curfews, extra chores or depending on the severity, you may be asked to permanently leave the house.

I acknowledge that I have read and understand the Rules of Summit Coastal Living. I have been given the opportunity to ask questions about the rules and any questions have been answered to my satisfaction. I understand these rules are subject to change. I agree to abide by the rules and acknowledge that I will suffer consequences and or will be asked to leave Summit Coastal living if I do not abide by these rules

Guest Signature

Date

Guarantor Signature

Date

Staff Signature

Date